

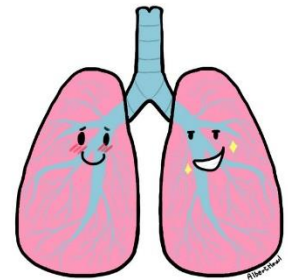


Western Plains Medical Complex

Cardiopulmonary Rehab

We may be able to help you take charge of your Cardiac or Pulmonary disease.

- Experience Less difficulty with breathing
- Increase muscle strength, vitality, and endurance
- Improve ability to do daily activities
- Education on the use of medications and Oxygen therapy
- Improve quality of Life
- Reduce hospitalizations
- Psychological well being
- Decrease stress, anxiety, and depression
- Overall health
- Learn how to adopt healthy behavior, manage weight, cholesterol, or diabetes
- Ability to return to social activities
- Also available to help with smoking cessation Counseling
- Dietician consult and education available

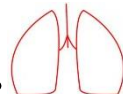


Contact Your Physician for a Referral to our program, or Contact the Cardiopulmonary Specialist for more details so we can help!!

CARDIOPULMONARY

REHAB

620-225-8428

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